



## *4th Annual Harvestfest*

## *High School Skating Competition*

*Saturday, October 20, 2018*

*Dover Ice Arena, Dover NH*

*hosted by the New England Interclub Council*

**2018/19 NEICC High School Competitive Series**

### **COMPETITION INFORMATION, RULES, ELIGIBILITY AND TEST LEVEL SPECIFICS:**

High school competitions are run as U.S. Figure Skating, sanctioned non-qualifying competitions.

#### **Sanction #28054**

Athletes participating in these events are considered to be student-athletes. Their education is of the highest priority, and in all decision making matters, the Program Development Committee and the NEICC Organizing Committee (NEICC) have a responsibility to minimize the days missed from school.

Athletes must be eligible members in good standing of U.S. Figure Skating, and may be members of the figure skating club of their choice or be individual members of U.S. Figure Skating.

1. A minimum of two (2) skaters are required to form a team.
2. Competitors must be currently enrolled in a high school as a full-time student, as defined by the institution that they attend. This includes both traditional and home school students.
3. Athletes may compete either for the high school they are attending, or for an area high school team in their district. Competitors may not represent more than ONE high school team.
4. Home-schooled students may join a school team with permission from the school Athletic Director of the team they are joining.
5. High schools may combine as per state specific High School Athletic Association (HSAA) rules. All combined teams must be listed on the team application form.
6. If combined teams are not from the same school district, the following rules apply: An administrator from each school must sign the team entry form. All skaters from the combined schools must be allowed to skate on the team. Combined teams not adhering to these guidelines will be disqualified.

7. Team members may include both ladies and men.
8. All skaters who enter must be in at least 9th grade and be enrolled as a student in the high school as per state specific HSAA rules.
9. A skater will not be allowed to participate unless they have a signed Skater Entry Form on file with the Registrar at least one week prior to the competition.
10. No skaters may be added after the deadline, except with special permission of the NEICC.
11. A competition will not be canceled unless there is a state of Emergency declared in the area where the rink is located, even if school districts of participating teams have closed or cancelled events. Points will be awarded based on teams **participating**.
12. **Team banners are encouraged.**
13. Unsportsmanlike conduct & foul language will not be tolerated at any competition and is grounds for disqualification.

## **ENTRIES AND ENTRY FEES:**

**Entry fees MUST accompany entry form(s). Checks should be made out to NEICC and mailed to Sue Lalone, 14 Parker Street, Lexington MA 02421. All team entries and payments (individual and team forms) must be submitted together. Credit card payments and online forms coming soon!**

Applications not submitted with the correct funds will be returned and NOT accepted.

Checks returned for any reason will carry a \$30.00 handling charge and payment of this fee will be required before the skater is allowed to participate in practice ice or events. No refunds will be made for any reason, unless the event is eliminated by the NEICC or chief referee.

The NEICC reserves the right to limit the number of entries, eliminate events due to insufficient entries and combine or divide groups as necessary.

## **SCHOOL AFFILIATED CLUB (SAC) TEAM MEMBERSHIPS:**

All High School Teams participating in high school competitions must register with U.S. Figure Skating by filling out the School Affiliated Club (SAC) Membership and Team Registration Form and paying required annual membership dues by March 1. This application can be found on the High School Programs webpage at <http://www.usfigureskating.org/Programs.asp?id=67> and in the High School Competition Handbook.

Teams are required to submit a copy of their SAC application or SAC Certificate for proof of membership with their initial competition application.

## **REFUND POLICY:**

Entry fees will not be refunded after the entry deadline, unless no competition exists or the event is canceled. There will be no refunds for medical withdraws. The online processing fees are not refundable. In the event that events are cancelled, the NEICC will refund the appropriate entry fees in the manner specified within the competition announcement.

**ONLY DATE OF THE COMPETITION IS GUARANTEED. COMPETITION TIMES ARE NOT GUARANTEED and refunds will not be given for student athlete conflict. Estimated event times can be between 7:30am - 9:00pm on event day. This is subject to change by NEICC.**

## **MUSIC:**

CDs are the only acceptable media. Music for free skate may have vocals and should have at least one change of tempo (speed). Music for short program may have vocals. The competitor's program must be the only music on the CD and it must start at the beginning.

Music should be clearly marked with the athlete's name, high school name and event. Music must be turned into the registration desk one hour before the event. Skaters are responsible for bringing a backup copy.

## **LIABILITY:**

U.S. Figure Skating, the host figure skating club, high school team and hosting ice arena will not accept any responsibility for injury or damage sustained by participants in the high school competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

## **JUDGING SYSTEM:**

The 6.0 Majority judging system will be used for all events and levels at high school competitions. The ISU judging system will not be used.

## **AWARDS:**

Medals will be awarded to places 1 – 4 in each event except Team Maneuvers.

## **OFFICIAL NOTICES:**

An official bulletin board will be maintained at the competition arena. It is the responsibility of each competitor, parent, team and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

## **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site and, if 18 years of age or older, successfully pass the background screen.
- C. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate. ***The NEICC will have a list of compliant coaches.*** For more information regarding Coach Compliance, please refer to: <http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

## **SECTION 2: HIGH SCHOOL TEAM COMPETITION RULES, ELIGIBILITY & ENTRY RESTRICTIONS**

### **A. COMPETITION RULES**

Men's and ladies' events in singles free skating may be combined depending on enrollment. Championship junior and senior events may be combined with the standard free skate events, at the discretion of the referee, and only in the event of a single entry in one of the categories.

## **B. ELIGIBILITY TO COMPETE:**

Athletes must be eligible members in good standing of U.S. Figure Skating, and may be members of the figure skating club of their choice.

Competitors must be currently enrolled in a high school as a full-time student, as defined by the institution that they attend. This includes both traditional and home-schooled students.

Athletes may compete either for the high school they are attending, or for an area high school team in their district.

A minimum of two (2) skaters are required to form a team.

## **C. TEST LEVEL:**

Free skate: Athletes must enter at the highest test level passed or may skate up one level. Highest test passed at date of entry.

## **D. RESPONSIBILITY OF THE PARTICIPATING TEAMS:**

It is each participating team's responsibility to review the competition schedule for accuracy within 72 hours of receipt and notify the competition chair of any errors.

## **E. GROUP SIZE:**

No group will consist of more than 14 skaters. If more than 14 skaters are entered into one level, the skaters will be split as evenly as possible into as many groups are necessary to keep each group no larger than 14 skater.

**Team Competition Rules, Eligibility & Entry Restrictions:** Host club reserves the right to eliminate events if necessary to accommodate the amount of ice time available. Men's and ladies' events in singles free skating may be combined based on group size.

**Warm-Up Groups:** Warm-up groups for events will be posted at the start of the competition, but are subject to change up to 15 minutes prior to the start of an event, due to withdrawals.

## **Events Offered:**

### **Team Maneuvers:**

Level A - High (Junior-Senior)

Level B - Intermediate (Juvenile-Novice)

Level C - Low (Beginner-Pre-juvenile)

**Excel Free Skate:** Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre Juvenile, Juvenile, Intermediate, Novice, Junior, Senior

### **Showcase, Solo & Duet categories - Light Entertainment Events:**

Low Level - (Beginner, High Beginner, Pre-preliminary, Preliminary)

Intermediate Level - (Pre-Juvenile, Juvenile & Intermediate)

High Level- (Novice, Junior & Senior)

## EVENT: 2018-2019 Excel Free Skate

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

**Levels:** Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre Juvenile, Juvenile, Intermediate, Novice, Junior, Senior

<p><b>Excel Beginner Free Skate</b> 1:40 Max</p> <p>Must not have passed higher than Learn to Skate USA Free Skate 2</p>	<p>Maximum 4 jump elements:</p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front)</li> <li>• Single rotation jumps: Salchow, toe loop only               <ul style="list-style-type: none"> <li>• Half Loops are not allowed.</li> </ul> </li> <li>• Maximum 2 jump combinations or sequences               <ul style="list-style-type: none"> <li>• Maximum 2 of any same jump</li> </ul> </li> </ul>	<p><b>Maximum 2 spins:</b></p> <ul style="list-style-type: none"> <li>• Two upright spins</li> <li>• No change of foot</li> <li>• No flying entry               <ul style="list-style-type: none"> <li>• Minimum 3 revolutions</li> </ul> </li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>• Choreographic Step Sequence* (ChSt)               <ul style="list-style-type: none"> <li>○ Must use one-half of the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul>
<p><b>Excel High Beginner Free Skate</b> 1:40 Max</p> <p>Must not have passed higher than Learn to Skate USA Free Skate 4</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front)</li> <li>• Single rotation jumps: toe loop, Salchow, half-loop, loop               <ul style="list-style-type: none"> <li>• Flip, Lutz, &amp; Axel NOT permitted</li> </ul> </li> <li>• Maximum 2 jump combinations or sequences               <ul style="list-style-type: none"> <li>• Maximum 2 of any same jump</li> </ul> </li> </ul>	<p><b>Maximum 2 spins:</b></p> <ul style="list-style-type: none"> <li>• Both spins must be in a single position</li> <li>• No flying entry</li> <li>• Permitted forward spins: upright, sit, camel</li> <li>• Permitted back spins: upright               <ul style="list-style-type: none"> <li>• Minimum 3 revolutions</li> </ul> </li> <li>• Spins must be of a different character</li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>• Choreographic Step Sequence* (ChSt)               <ul style="list-style-type: none"> <li>○ Must use one-half of the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul>
<p><b>Excel Pre-Preliminary</b> 1:40 Max</p> <p>Must not have passed higher than U.S. Figure Skating pre-preliminary free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 5 jump elements:</b></p> <ul style="list-style-type: none"> <li>• All single jumps allowed, except for the Axel               <ul style="list-style-type: none"> <li>○ No single Axels, double, or higher jumps allowed</li> <li>○ Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Maximum 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps. One 3-jump combination is allowed</li> <li>○ Jump sequence is any listed jump immediately followed by a waltz jump.</li> </ul> </li> </ul>	<p><b>Maximum 2 spins:</b></p> <ul style="list-style-type: none"> <li>• One spin must be in a single position*</li> <li>• One spin may change feet and/or position</li> <li>• No flying entry</li> <li>• Minimum 3 revolutions</li> <li>• Spins must be of a different character</li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>• Choreographic Step Sequence* (ChSt)               <ul style="list-style-type: none"> <li>○ Must use one-half of the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul>

<p><b>Excel Preliminary</b> 1:30 +/- 10 seconds</p> <p>Must not have passed higher than U.S. Figure Skating preliminary free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 5 jump elements:</b></p> <ul style="list-style-type: none"> <li>● All single jumps allowed, except for the Axel <ul style="list-style-type: none"> <li>○ No single Axels, double, or higher jumps allowed</li> <li>○ Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>● Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps. One 3-jump combination is allowed</li> <li>○ Jump sequence is any listed jump immediately followed by a waltzjump.</li> </ul> </li> </ul>	<p><b>Maximum 2 spins:</b></p> <ul style="list-style-type: none"> <li>● One spin must be in a single position*</li> <li>● One spin may change feet and/or position</li> <li>● No flying entry</li> <li>● Minimum 3 revolutions</li> <li>● Spins must be of a different character</li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>● Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> <li>○ Must use one-half of the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul>
<p><b>Excel Pre-Juvenile</b> 2:00 +/- 10 seconds</p> <p>Must not have passed higher than U.S. Figure Skating pre-juvenile free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 5 jump elements:</b></p> <ul style="list-style-type: none"> <li>● All single jumps allowed, except for the Axel</li> <li>● No single Axels, double, or higher jumps allowed</li> <li>● Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded</li> <li>● Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps. One 3-jump combination is allowed</li> <li>○ Jump sequence is any listed jump immediately followed by an axel type jump.</li> </ul> </li> </ul>	<p><b>Maximum 2 spins:</b></p> <ul style="list-style-type: none"> <li>● 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> <li>○ Minimum 6 revolutions</li> <li>○ No flying entry</li> </ul> </li> <li>● 1 spin with only 1 position* <ul style="list-style-type: none"> <li>○ No change of foot</li> <li>○ No flying entry</li> <li>○ Minimum 4 revolutions</li> </ul> </li> </ul> <p>Spins must be of a different character</p>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>● Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>○ Jumps may be included in the choreographic step sequence</li> </ul> </li> </ul>
<p><b>Excel Juvenile</b> 2:20 +/- 10 seconds</p> <p>Must not have passed higher than U.S. Figure Skating juvenile free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 5 jump elements:</b></p> <ul style="list-style-type: none"> <li>● All single jumps allowed, including Axel <ul style="list-style-type: none"> <li>○ No double or higher jumps allowed</li> <li>○ Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels)</li> <li>○ Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>● Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> <li>○ All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps)</li> <li>○ Jump combinations limited to 2 jumps. One 3-jump combination is allowed</li> <li>○ Jump sequence is any listed jump followed by an axel type jump.</li> </ul> </li> </ul>	<p><b>Maximum 2 spins:</b></p> <ul style="list-style-type: none"> <li>● 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> <li>○ Minimum 6 revolutions</li> <li>○ Minimum 2 revolutions in each position</li> </ul> </li> <li>● 1 spin with only 1 position* <ul style="list-style-type: none"> <li>○ No change of foot</li> <li>○ Minimum 5 revolutions</li> </ul> </li> <li>● Both Spins may start with a flying entry.</li> <li>● Spins must be of a different character</li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>● Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> </ul> </li> </ul>
<p><b>Excel Intermediate**</b> 2:40 +/- 10 seconds</p> <p>Must not have passed higher than U.S. Figure Skating intermediate free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 6 jump elements:</b></p> <ul style="list-style-type: none"> <li>● 1 must be an Axel-type jump*</li> <li>● All single jumps, including the single Axel, allowed. Double Salchow, double toe loop, double loop allowed <ul style="list-style-type: none"> <li>○ Double flip, double Lutz, double Axel and higher jumps not allowed</li> <li>○ No more than 1 Axel plus and 2 different double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination</li> <li>○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> </ul>	<p><b>Maximum 2 spins:</b></p> <ul style="list-style-type: none"> <li>● 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> <li>○ Minimum 6 revolutions</li> <li>○ Minimum 2 revolutions in each position</li> </ul> </li> <li>● 1 spin with only 1 position* <ul style="list-style-type: none"> <li>○ No change of foot</li> <li>○ Minimum 5 revolutions</li> </ul> </li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>● Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>● Maximum 3 jump combinations or sequences</li> <li>○ Jump combinations limited to 2 jumps. One 3 jump combination is permitted.</li> <li>○ Jump sequence is any listed jump followed by an axel type jump.</li> </ul>	<ul style="list-style-type: none"> <li>● Both Spins may start with a flying entry.</li> <li>● Spins must be of a different character</li> </ul>	
<p><b>Excel Novice**</b> Ladies: 3:00 +/- 10 seconds Men: 3:30 +/- 10 seconds</p> <p>Must not have passed higher than U.S. Figure Skating novice free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 6 jump elements for ladies, 7 for men:</b></p> <ul style="list-style-type: none"> <li>● 1 must be an Axel-type jump*</li> <li>● All single jumps, including the single Axel, allowed. Double Salchow, double toe loop, double loop, double flip allowed</li> <li>○ Double Lutz, double Axel and higher jumps not allowed</li> <li>○ No more than 1 Axel and 3 different double jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence</li> <li>○ There is no limit to the number of single jumps that can be repeated, but no allowable double jump can be included more than twice</li> <li>● Maximum 3 jump combinations or sequences</li> <li>○ Jump combinations limited to 2 jumps. One 3 jump combination with a maximum of 3 jumps is allowed</li> <li>○ Jump sequence is any listed jump followed by an axel type jump.</li> </ul>	<p><b>Maximum 3 spins:</b></p> <ul style="list-style-type: none"> <li>● 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> <li>○ Minimum 8 revolutions</li> <li>○ Minimum 2 revolutions in each position</li> </ul> </li> <li>● 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> <li>○ Minimum 6 revolutions</li> </ul> </li> <li>● 3<sup>rd</sup> spin is option of skater</li> <li>● All spins may start with a flying entry.</li> <li>● Spins must be of a different character</li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>● Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> </ul> </li> </ul>
<p><b>Excel Junior</b> 3:30 +/- 10 seconds</p> <p>Must not have passed higher than U.S. Figure Skating junior free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 7 jump elements</b></p> <ul style="list-style-type: none"> <li>● 1 must be an Axel-type jump*</li> <li>○ All single and double jumps allowed, except the double Axel.</li> <li>○ Double Axel and higher jumps not allowed</li> <li>○ No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence</li> <li>○ Maximum 3 jump combinations or sequences. Jump combinations limited to 2 jumps. One 3-jump combination is allowed</li> <li>○ Jump sequence is any listed jump followed by an axel type jump.</li> </ul>	<p><b>Maximum 3 spins:</b></p> <ul style="list-style-type: none"> <li>● 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> <li>○ Minimum 10 revolutions</li> <li>○ All 3 basic positions with minimum 2 revolutions in each position for highest base value</li> </ul> </li> <li>● 1 spin with a flying entry* <ul style="list-style-type: none"> <li>○ Minimum 6 revolutions</li> </ul> </li> <li>● 1 spin with only one position* <ul style="list-style-type: none"> <li>○ Minimum 6 revolutions</li> </ul> </li> <li>● All spins may start with a flying entry.</li> <li>● Spins must be of a different character</li> </ul>	<p><b>Maximum 1 Sequence:</b></p> <ul style="list-style-type: none"> <li>● Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> </ul> </li> </ul>
<p><b>Excel Senior</b> 4:00 +/-10 seconds</p> <p>Must not have passed higher than U.S. Figure Skating senior free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p><b>Maximum 7 jump elements</b></p> <ul style="list-style-type: none"> <li>● 1 must be an Axel-type jump*</li> <li>○ All single and double jumps allowed, including the double Axel.</li> <li>○ Triple and higher jumps not allowed</li> <li>○ No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence</li> <li>○ Maximum 3 jump combinations or sequences</li> <li>○ Jump combinations limited to 2 jumps. One 3-jump combination is allowed</li> <li>○ Jump sequence is any listed jump followed by an axel type jump.</li> </ul>	<p><b>Maximum 3 spins:</b></p> <ul style="list-style-type: none"> <li>● 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> <li>○ Minimum 10 revolutions</li> <li>○ All 3 basic positions with minimum 2 revs in each position for highest base value</li> </ul> </li> <li>● 1 spin with a flying entry*</li> </ul>	<p><b>Maximum 2 Sequences:</b></p> <ul style="list-style-type: none"> <li>● Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> </ul> </li> <li>● One Choreographic Sequence* (ChSq) <ul style="list-style-type: none"> <li>○ Must be clearly visible</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>○ Minimum 6 revolutions</li> <li>● 1 spin with only one position*</li> <li>○ Minimum 6 revolutions</li> <li>● All spins may start with a flying entry.</li> <li>● Spins must be of a different character</li> </ul>	
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## **EVENT: TEAM MANEUVERS**

General event parameters:

1. Team maneuver events consist of teams of at least 2 athletes (any mix of male and female) from the same high school or combined schools with no one skater performing more than half of the total number of elements.

### **Note:**

- *Teams must attempt all the listed elements in each category: If a team has one athlete perform more than half of the elements, anything over half of the elements performed by that athlete will receive no credit.*
  - *If a competitor performs an element higher than that listed, that element will receive no credit. For example, if the element specified is a Salchow jump and the competitor performs a double Salchow jump, no credit is given for this element.*
2. Each high school may enter only one team in each competitive level.
  3. An athlete may compete for only one team. Athletes may “skate up” to any level they desire, but they may not compete on a team at a lower level than the highest test they have passed.

Level		Jumps	Spins	Step or Moves in the Field Sequence
<p><b>TEAM LEVEL A</b> Junior &amp; Senior</p> <p>(no test restrictions)</p>		<p>a) Single Axel or double Axel</p> <p>b) Double jump – either double loop, double flip or double Lutz</p> <p>c) Combination Jump – consisting of two double jumps or a triple jump and a double jump</p>	<p>a) Solo spin of choice (min 8 revs in position; may include flying entry)</p> <p>b) Camel Spin (min 8 revs)</p> <p>c) Flying Spin – Any entry and may include change of position (minimum 8 revs in position)</p>	<p>a) Choreographic Sequence –See Rule 4105 for description</p> <p>b) Forward loops (novice MIF)</p> <p>c) Ina bauer or spread eagle</p>
<p><b>TEAM LEVEL B</b> Juvenile - Novice</p> <p>Skaters may not have passed higher than novice free skate test)</p>		<p>a) Single Axel</p> <p>b) Single or double loop</p> <p>c) Combination jump - consisting of a double jump and a single jump or two double jumps</p>	<p>a) Solo spin (sit, camel, layback or cross foot spin (min. 5 revs; flying entry NOT permitted)</p> <p>b) Forward scratch spin(min 5 revs)</p> <p>c) Back spin (min 5 revs)</p>	<p>a) Ina bauer or spread eagle</p> <p>b) Juvenile Moves in the Field element – Forward Free Skate Cross Strokes</p> <p>c) Novice Moves in the Field element – Backward Rocker Choctaw sequence</p>



<p><b>TEAM LEVEL C</b> Beginner – Pre-Juvenile</p> <p>(May not have passed higher than pre-juvenile free skate test)</p>	<p>a) Single Salchow jump b) Single toe loop jump c) Single jump (Axel is NOT permitted)</p>	<p>a) Upright spin (optional free foot position, may change foot, min. 3 revs) b) Sit spin (min 3 revs) c) Back upright spin (min 3 revs)</p>	<p>a) Step Sequence – See Rule 4105 for description b) Forward spiral c) Pre-Juv MIF Moves in the Field element – Backward Power Change of Edge Pulls</p>
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The event will be judged on a team basis. Athletes will have a general warm-up of STROKING ONLY for 1 minutes. There will also be a 1 minute warm-up for the designated maneuver category, (jumps, spins, steps or Moves in the Field Sequence) Teams will be assigned a place to line up along the barrier, and must remain on the ice for their entire event. Elements will be skated one-at-a-time, and the announcer will call the representative from each team when it is his or her turn to perform the prescribed element.

### **EVENT: SHOWCASE – Solo and Duet Light Entertainment Events**

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery ARE permitted however, props must be taken on and off the ice by skater within showcase guidelines.

General event parameters:

1. Skaters must register to compete at their level or one level up as of the competition entry deadline. Level will be determined by the highest free skate test passed.
2. Current guidelines and procedures for non-qualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under "Programs" on the National Showcase page.

3. Levels are:

**Low Level** - (Beginner - Preliminary) - 1:40 +/- 10 secs.

**Intermediate Level** - (Pre-Juvenile - Intermediate) - 2:30 +/- 10 secs.

**High Level**- (Novice - Senior) 3:00 +/- 10 secs.

**Harvestfest HS Competition, The NEICC High School Competition Series.**  
**Competition located at the Dover Ice Arena, 110 Portland Avenue, Dover NH 03820**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

USFS Membership #: \_\_\_\_\_ **USFS SANCTION #28054**

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender (circle): M F

High School: \_\_\_\_\_ SAC #: \_\_\_\_\_

Highest USFS test passed: MIF \_\_\_\_\_ Free Skate: \_\_\_\_\_

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Team Maneuvers- see attached form:**

- \_\_\_\_\_ A (High)
- \_\_\_\_\_ B (Intermediate)
- \_\_\_\_\_ C (Low)

**Solo Showcase:**

- \_\_\_\_\_ Low Level
- \_\_\_\_\_ Intermediate Level
- \_\_\_\_\_ High Level

**Excel Free Skate:**

- |                       |                    |
|-----------------------|--------------------|
| _____ Beginner        | _____ Juvenile     |
| _____ High Beginner   | _____ Intermediate |
| _____ Pre-preliminary | _____ Novice       |
| _____ Preliminary     | _____ Junior       |
| _____ Pre-juvenile    | _____ Senior       |

**Duet Showcase:**

- \_\_\_\_\_ Low Level
- \_\_\_\_\_ Intermediate Level
- \_\_\_\_\_ High Level

**Entry fees: Individual: 1st event: \$70.00. Additional event(s): \$35.00**  
**Team maneuver events: \$80.00 (per team)**

The completed entry forms with appropriate signatures and fees must be postmarked no later than September 20, 2018. Checks made payable to NEICC should be mailed to: Sue Lalone, 14 Parker Street, Lexington MA 02421.

For additional information, please contact [NEICCHighSchoolProgram@gmail.com](mailto:NEICCHighSchoolProgram@gmail.com). **Checks returned for any reason will carry a \$30.00 handling charge and no refunds will be made unless the event is eliminated by NEICC or chief referee.**  **Late entries will not be accepted.**

**Certification of Competitor:** The competitor is eligible to enter the events checked. It is agreed that the competitor and family holds NEICC harmless from any and all liability either during practice or competition, or from any and all liability for damages to or loss of property.

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Coach's signature \_\_\_\_\_ Date \_\_\_\_\_

\*Remember to fill out **School Affiliated Club (SAC) Membership and Team Registration Form** and submit with entry form <http://www.usfigureskating.org/Programs.asp?id=67>

**2018 Harvestfest HS Competition, Saturday October 20, 2018**  
**The NEICC High School Competition Series**  
**Dover Ice Arena, 110 Portland Ave, Dover NH 03820**  
**Sanction#28054**

**Team Maneuvers Entry Form:**

**Team**

**Contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**HIGH SCHOOL:** \_\_\_\_\_ **SAC#** \_\_\_\_\_

**Please check appropriate level and list Team Members Names/ USFSA #s: \$80.00 per team**

\_\_\_\_\_ **Level A (Junior - Senior)**

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

\_\_\_\_\_ **Level B (Juvenile - Novice)**

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

\_\_\_\_\_ **Level C (Beginner - Pre-Juvenile)**

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Name: \_\_\_\_\_ USFSA# \_\_\_\_\_

Mail form & payment to Sue Lalone, 14 Parker Street, Lexington MA 02421. Checks made payable to NEICC.