



CELEBRATING 68 YEARS OF SKATING EXCELLENCE

SOUTHERN CONNECTICUT OPEN

formerly Darien Open

April 16, 17, 18, 2010

CLOSE OF ENTRIES MARCH 18, 2010

COMPETITIVE TEST TRACK AND FREE SKATE EVENTS

CHAMPIONSHIP ROUND FOR JUVENILE FREE SKATE

**THE SOUTHERN CONNECTICUT OPEN COMPETITION TROPHY WILL BE
AWARDED TO FIRST PLACE SKATER**

EVENTS FOR BEGINNER THROUGH ADULT

**Free Skate, Short Programs,
SHOWCASE, Jump Challenge, Spin Challenge,
Compulsory Moves,
Dance and Pairs Events**

ISU JUDGING SYSTEM and CRITIQUES

**Juvenile, Intermediate, Novice, Junior, Senior
Short Program, Free Skate, Dance, Pairs Events**

Sanctioned by:



www.skatescsc.com

**Darien Ice Rink
Old King's Highway North
Darien, CT 06820**



presents

2010 SOUTHERN CONNECTICUT OPEN

formerly Darien Open

Sanctioned by U.S. Figure Skating

**Darien Ice Rink
Old King's Highway North
Darien, CT 06820**

GENERAL INFORMATION

ELIGIBILITY: The 2010 Southern Connecticut Open is open to all eligible skaters who are members in good standing of U.S. Figure Skating and meet the requirements. Skaters may enter as many events as they are qualified for and may skate at their current level and one level above. **Skaters may enter either the Competitive Test Track event or the Free Skate event but NOT both during the same competition.** This is a non-qualifying competition.

RULES: The competition will be governed by the rules set forth in this Announcement and in the 2010 U.S. Figure Skating Rulebook. The Skating Club of Southern Connecticut reserves the right to subdivide events as necessary and to cancel events with fewer than two entries. While every effort is made to have separate events for males and females, the Local Organizing Committee reserves the right to combine males and females if necessary in Beginner Free Skate, Spin Challenges, Showcase, Dance, and Adult Interpretive events. The LOC may eliminate events due to insufficient entries or ice time limitations. 6.0 judging will be used in all events except those specifically noted as IJS events. (Short Programs, Free Skate, Pairs and Dance events at the Juvenile, Intermediate, Novice, Junior, and Senior levels.)

CLOSE OF ENTRIES: Entries must be postmarked no later than **March 18, 2010**. Late entries (postmarked after **March 19**) may be accepted at the discretion of the LOC and will require a \$30.00 late entry fee. For IJS events a Planned Program Content Sheet must be submitted **online** no later than April 9, 2010.

FEES: All fees are listed on the Entry Form. There will be a \$30.00 charge for returned checks. Re-submittal of the entry form will require a money order, certified check, or cash. **The Late Entry Fee is \$30.00** and will apply to all entries **postmarked after March 18, 2010** as well as to those entries for which a **Planned Program Content Sheet is necessary but not supplied by April 9, 2010**. Entries accepted after a schedule has been posted will require a double entry fee. A fee of \$30.00 will be charged for any changes to event levels after the close of entries.

Make checks payable to: SKATING CLUB OF SOUTHERN CONNECTICUT
Mail To: Helaine Walker, Post Office Box 573, Wilton, CT 06897

REFUNDS: Per U.S. Figure Skating Rule 3235, **once entries have closed, entry fees will be refunded only if the competition is not held.** There will be no refunds for withdrawals due to medical reasons.

ISU JUDGING SYSTEM and CRITIQUES: All Short Programs and Free Skate Programs (Individual, Dance and Pairs) for Juvenile, Intermediate, Novice, Junior and Senior events will be judged according to the ISU Judging System. Skaters will be offered critiques at the conclusion of their event.

PLANNED PROGRAM CONTENT SHEETS for IJS EVENTS ONLY: All skaters competing in a level judged under the IJS will be required to complete a planned program content sheet **online** through Online Event Registration at www.usfsaonline.org (for directions see page 14). Each skater's Planned Program Content Sheet must be completed online **no later than April 9, 2010**.

AWARDS: Awards will be presented for 1st, 2nd, 3rd, and 4th places in each group. All events will be judged using the 6.0 scale except those specified as using the IJS Judging System. Award Ceremonies will be scheduled at various intervals throughout the competition and will be presented off-ice. To celebrate the first competition with our new name, the Southern Connecticut Open Trophy will be awarded to the first place skater of the Juvenile Girls Free Skate Championship Round. The winner of the trophy event will have her name engraved on a permanent trophy and will receive a keepsake replica.

CHAMPIONSHIP ROUND for JUVENILE GIRLS FREE SKATE: The championship round is tentatively scheduled for Sunday, April 18 but is subject to change. The total number of entries for Juvenile Freeskate will determine the number of qualifiers. There will be no additional entry fee or registration requirements for the Championship Round.

OFFICIAL RESULTS: Official results will be available at the competition at a charge of 50c.

ADMINISTRATIVE INFORMATION

INFORMATION: Contact Helaine Walker at 203.423.9007 or Helaine.Walker@skatescsc.com. For quickest response, use the e-mail address provided. Please do not call the Darien Rink for information.

ICE RINK: All events will be held at the Darien Skating Rink. The rink measures 200' x 85'. A café and sports shop is located within the building.

REGISTRATION: The Registration Desk will be open throughout the competition. Skaters must check in at least one hour prior to the event. While every effort is made to adhere to the posted schedule, events may run up to 45 minutes early.

MUSIC: Compact Disks (CDs) are the only acceptable forms of media. CDs must be clearly marked with the skater's name, event entered and the music length. Each CD must have only ONE (1) track on it. Lead in time (time before the music begins) on CDs may not exceed two (2) seconds. Each CD must be in a paper CD sleeve with a see-through window (obtainable at any office supply store), also labeled with the skater's name and event. **Due to compatibility and reliability reasons music may NOT be submitted on rerecordable "CD-RW" discs.** Competition music must be turned in at the registration desk at the time of registration and will be available for pick up at the registration desk at the conclusion of the event. Skaters must have at least one (1) additional copy of their CD rink side during the competition. The LOC will accept no responsibility for damaged or lost CDs.

SCHEDULE OF EVENTS and PRACTICE ICE: ALL COMPETITION INFORMATION WILL BE POSTED ON THE SCSC WEBSITE (www.skatescsc.com) approximately two weeks prior to the competition. NO CONFIRMATIONS WILL BE MAILED. The entire competition schedule, practice ice applications, group confirmations, and directions will be posted.

All practice ice applications must be returned by mail. Spaces will be filled according to postmark date and the order in which the request forms are received. Telephone or e-mail requests cannot be guaranteed until payment is received. Practice ice applications should be mailed with full payment to: **Helaine Walker, Post Office Box 573, Wilton, CT 06897.**

ADMISSION: Each competitor will be entitled to one chaperone to be admitted at no charge. Professionals (named on registration form) will be admitted at no charge. There will be an additional charge for all other admissions.

Spectator fees will be as follows:

Adults	\$5.00
Seniors, Children 6 - 12	\$3.00
Children 5 and under	No Charge

PHOTOGRAPHS and VIDEOS: Skaters who would like a photograph to appear in the 2010 Southern Connecticut Open Journal Gallery of Skaters may e-mail an electronic photo (jpeg) to Helaine.Walker@skatescsc.com or include a 3" x 5" photo with the entry form. Vertical format is required. There is a charge of \$25.00 for photos.

A professional videographer and digital photographer will be on site for all competition events. Personal videotaping is restricted to the bleachers. Tripods are not allowed.

JOURNAL: The 2010 Southern Connecticut Open Advertising Contract may be found on the club website. Ads may be purchased to wish a skater good luck or to promote a business.

Good Luck "Stars" are available at a cost of \$10.00 and will be placed throughout the Journal.

DRESSING ROOMS: The dressing rooms are unsupervised. Do not leave valuables unguarded. Neither SCSC nor the Darien Rink will be liable for items that are lost or stolen. Bring skate guards.

OFFICIAL HOTEL: The official hotel is the Doubletree Hotel Norwalk, 789 Connecticut Avenue, Norwalk, CT (203) 853-3477, (www.doubletree.com). The hotel is located at Exit 13 on Interstate 95. The special competition rate is \$85.00 per night (single or double). The reservation deadline for the special rate is **April 12th**. **Please make your reservation early** – the hotel will accept cancellations after the deadline – **but new reservations will not be accepted at the special rate after the deadline of April 12th.**

To place a reservation you may call **800.492.7148** and ask for the group **Southern Connecticut Open – Competitors** or **book online** by following these steps:

Go to: www.norwalk.doubletree.com

Enter your check in and check out dates, click Go

Scroll to the bottom and enter **Group Code: SCT**

Continue to follow prompts to complete reservation and record your confirmation number.

LIABILITY: The Skating Club of Southern Connecticut, the Organizing Committee, U.S. Figure Skating, and the Darien Rink undertake no responsibility for damages or injuries suffered by the skaters or officials. Skaters and/or parents/guardians agree to adhere to U.S. Figure Skating Rule 3222 with respect to injury, risk or accident accruing or connected with participation in this competition.

IMPORTANT NOTE: Please ensure that your coach is registered in accordance with U.S. Figure Skating rule 3030. Coaches who are not properly registered, will NOT be allowed in the coaching area or at the boards to coach skaters at the competition or during practice ice. In addition, they will NOT be credentialed as a coach.

FREE SKATE
Governed by rules in The 2010 U.S. Figure Skating Rulebook

Skaters may enter EITHER the competitive test track event or the free skate event but
NOT both during the same non-qualifying competition.

All program times listed are +/- 10 seconds

All skaters competing in an IJS event will be required to complete a Planned Program Content sheet **ONLINE** through
 Online Event Registration at www.usfsaonline.org no later than April 9, 2010

EVENT	REQUIREMENTS	PROGRAM TIME
Senior *	Senior Free Skate Test	4:00 minutes Ladies 4:30 minutes Men
Junior *	Junior Free Skate Test but no higher	3:30 minutes Ladies 4:00 minutes Men
Novice *	Novice Free Skate Test but no higher	3:00 minutes Ladies 3:30 minutes Men
Intermediate *	Intermediate Free Skate Test but no higher Under Age 18 as of September 1, 2010	2:30 minutes Ladies and Men
Open Juvenile	Juvenile Free Skate Test but no higher Age 13 or older as of September 1, 2010	2:15 minutes Girls and Boys
Juvenile *	Juvenile Free Skate Test but no higher Under Age 13 as of September 1, 2010	2:15 minutes Girls and Boys
Pre-Juvenile	Pre-Juvenile Free Skate Test but no higher	2:00 minutes Girls and Boys
Preliminary	Preliminary Free Skate Test but no higher	1:30 minutes Girls and Boys
Pre-Preliminary	Pre-Preliminary Free Skate Test but no higher WITH AXEL – NO DOUBLE JUMPS	1:30 minutes Girls and Boys
No Test	No Test NO AXEL – NO DOUBLE JUMPS	1:00 to 1:30 minutes Girls and Boys

* ISU JUDGING SYSTEM

SHORT PROGRAM
Governed by rules in The 2010 Official U.S. Figure Skating Rulebook
 2010-2011 requirements will apply

All skaters competing in an IJS event will be required to complete a Planned Program Content sheet **ONLINE** through
 Online Event Registration at www.usfsaonline.org no later than April 9, 2010

EVENT	REQUIREMENTS	PROGRAM TIME
Senior Short Program *	Senior Free Skate Test	Not to exceed 2:50 minutes
Junior Short Program *	Junior Free Skate Test but no higher	Not to exceed 2:50 minutes
Novice Short Program *	Novice Free Skate Test but no higher	Not to exceed 2:30 minutes
Intermediate Short Program *	Intermediate Free Skate Test but no higher Under Age 18 as of September 1, 2010	Not to exceed 2:00 minutes

* ISU JUDGING SYSTEM

COMPETITIVE TEST TRACK

Skaters may enter EITHER the competitive test track free skate event or the well-balanced free skate event but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice. Vocal music is permitted.
The 6.0 Judging will be used.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description
- 0.2 from the technical mark for each extra or lacking element
- 0.1 for any spin with less than required revolutions

Level	Jumps	Spins	Steps	QUALIFICATIONS
<p>Limited Beginner</p> <p>Time: 1:40 max</p>	<p>Jumps with not more than one-half rotation (front to back or back to front)</p> <p>Jump sequences are allowed</p> <p>Max 5 jump elements</p>	<p>Two upright spins, no change of foot (Min 3 revolutions)</p>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
<p>Beginner</p> <p>Time: 1:40 max</p>	<p>Jumps with not more than one-half rotation (front to back or back to front)</p> <p>Single rotation jumps: Salchow and toe loop only</p> <p>Jump combinations and sequences are allowed</p> <p>Max 5 jump elements</p>	<p>Two upright spins, change of foot optional (Min 3 revolutions)</p>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
<p>Pre-Preliminary Test</p> <p>Time: 1:40 max</p>	<p>Jumps with not more than one rotation (no Axels)</p> <p>Jump combinations or sequences using only a waltz jump, toe loop, and Salchow are permitted</p> <p>Max 5 jump elements</p>	<p>Two spins held in one position only of a different nature, no change of foot (Min 3 revolutions and no flying spins)</p>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Pre-Preliminary Free Skate Test</p>

COMPETITIVE TEST TRACK (continued)

Level	Jumps	Spins	Steps	QUALIFICATIONS
Preliminary Test Time: 1:30 +/- 10	Jumps with not more than one rotation (no Axels) Jump combinations and sequences are allowed Max 5 jump elements	Two spins of a different nature, combination spins allowed (Min 3 revolutions each and no flying spins)	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating Pre-Preliminary Free Skate Test but may not have passed tests higher than the Preliminary Free Skate Test
Pre-Juvenile Test Time: 2:00 +/-10	Jumps with not more than one rotation (no Axels) Jump combinations and sequences are allowed Max 5 jump elements	Three spins in any position (Min 3 revolutions), One must be a combination spin with change of foot optional (Min 3 revolutions on each foot or 6 total revolutions and no flying spins)	One step sequence straight line, circular, or serpentine fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating Preliminary Free Skate Test but may not have passed tests higher than the Pre-Juvenile Free Skate Test
Juvenile Test Time: 2:15 +/-10	Any single jumps and jump combinations with not more than 1 1/2 rotations (Axel permitted) Max 6 jump elements	Three spins in any position (Min 4 revolutions) One must be a combination spin with one change of foot (Min 4 revolutions on each foot) May include flying spins	One step sequence straight line, circular, or serpentine fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating Pre-Juvenile Free Skate Test but may not have passed tests higher than Juvenile Free Skate Test
Intermediate Test Time: 2:30 +/-10	Any single jumps. Double jumps may only be the double Salchow and double toe loop. Jump combinations and sequences allowed Max 6 jump elements	Three spins in any position (Min 4 revolutions) One must be a combination spin with one at least one change of foot (Min 5 revolutions on each foot) May include flying spins	One step sequence straight line, circular, or serpentine fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating Juvenile Free Skate Test but may not have passed higher than Intermediate Free Skate Test
Novice Test Time: Ladies: 3:00 +/- 10 Men: 3:30 +/- 10	Any single jumps. Double jumps may only be the double Salchow, double toe loop and double loop. Jump combinations and sequences allowed Max 7 jump elements for men and 6 for ladies	Three spins in any position (Min 6 revolutions) One must be a combination spin with at least one change of foot (Min 5 revolutions on each foot) May include flying spins	One step or spiral sequence (See Rule 3660 for description)	Skaters must have passed at least the U.S. Figure Intermediate Free Skate Test but may not have passed tests higher than Novice Free Skate Test

COMPETITIVE TEST TRACK (continued)

Level	Jumps	Spins	Steps	QUALIFICATIONS
<p>Junior Test</p> <p>Time: Ladies: 3:30 +/- 10 Men: 4:00 +/- 10</p>	<p>Any single jumps. Double jumps may only be the double Salchow, double toe loop, double loop and flip Jump combinations and sequences allowed Max 8 jump elements for men and 7 for ladies</p>	<p>Three spins: One must be a spin in one position, one a flying spin (6 revolutions each) one combination spin consisting of all three positions and one change of foot (Minimum 2 in each position and minimum 5 revolutions on each foot)</p>	<p>One step sequence of advanced difficulty, covering the full ice surface (See Rule 3650 for description)</p>	<p>Skaters must have passed at least the U.S. Figure Novice Free Skate Test but may not have passed higher than Junior Free Skate Test</p>
<p>Senior Test</p> <p>Time: Ladies: 4:00 +/- 10 Men: 4:30 +/- 10</p>	<p>At least four different double jumps One must be a double lutz Jump combinations and sequences allowed Max 8 jump elements for men and 7 for ladies</p>	<p>Three spins: One must be a spin in one position, one a flying spin (6 revolutions each) one spin combination consisting of all three positions and one change of foot (Minimum 2 in each position and minimum 5 revolutions on each foot)</p>	<p>Men: Two different step sequences Ladies: One step sequence and one spiral sequence (See Rule 3640 for description)</p>	<p>Skaters must have passed at least the U.S. Figure Junior Free Skate Test</p>

COMPULSORY MOVES

Skaters may enter any division provided they do not enter a division below the Free Skate test level they have passed. The moves will be skated like a program with connecting steps on half the ice surface. **NO MUSIC.**

No turns or steps between jumps in the combination jump elements

EVENT	ELEMENTS
Juvenile	Axel jump Jump combination (single/single, single/double, or double/double), Axel may not be repeated, and no steps or turns between jumps One solo spin (no flying or change of foot or position) Combination spin with one change of foot and at least one change of position Circular step sequence utilizing half ice.
Pre-Juvenile	Loop jump Lutz jump Flip-toe loop combination jump (no turns or steps in between) Front scratch to back scratch combination spin RFI-LBO – Threes in the Field LFO/I power pulls
Preliminary	RFI-LFI spirals Back crossovers (one full figure eight) Flip jump Loop Jump Sit spin Waltz jump-toe loop combination jump (no turns or steps in between).
Pre-Preliminary	Salchow Half lutz One foot spin Forward outside edges Back inside edges

SPIN CHALLENGE

No music will be played for this event. Beginner through Intermediate will skate on half ice. Spins should be skated exactly as stated, and in this order. Skaters will be given one opportunity to perform each spin. This is not a “mini-program”. Only the stroking and edging necessary to prepare for the spin will be allowed. At the conclusion of the warm-up period, the first skater will present each spin in the stated order. The process will then be repeated for all subsequent skaters. Skaters must wait for the Announcer to give the signal to begin.

Groups will be divided according to Free Skate Test Level
Girls and Boys may be grouped together.

EVENT	REQUIREMENTS	DESCRIPTION
Intermediate	Intermediate Free Skate	Flying Camel: 5 revolutions minimum Forward Sit Spin to Back Spin (position optional): 5 revolutions minimum each foot Forward Camel to Back Camel: 5 revolutions minimum each foot
Juvenile	Juvenile Free Skate	Forward Sit Spin: 4 revolutions minimum Layback or Attitude Spin (Ladies)/Forward Camel (Men): 4 revolutions minimum Forward Sit Spin to Back Sit Spin: 4 revolutions minimum each foot
Pre-Juvenile	Pre-Juvenile Free Skate	Forward Camel Spin: minimum 4 revolutions Forward Scratch Spin to Back Scratch Spin: 4 revolutions minimum each foot Forward Camel to Forward Sit Spin: 4 revolutions minimum each position
Preliminary	Preliminary Free Skate	Forward Scratch Spin: 3 revolutions minimum Back Scratch Spin: 3 revolutions minimum Forward Sit Spin to Forward Scratch Spin: 3 revolutions minimum each position
Pre-Preliminary	Pre-Preliminary Free Skate	Forward One Foot Spin: 3 revolutions minimum Back One Foot Spin: 3 revolutions minimum Camel Spin: 3 revolutions minimum
Beginner	No Test	One Foot Spin: 3 revolutions minimum One Foot Back Spin: 3 revolutions minimum Sit Spin: 3 revolutions minimum

JUMP CHALLENGE

No music will be played for this event. Beginner through Juvenile will skate on half ice, Intermediate will skate on full ice. Jumps should be skated exactly as stated, and in this order. Skaters will be given one opportunity to perform each jump. This is not a “mini-program”. Only the stroking and edging necessary to prepare for the jump will be allowed. At the conclusion of the warm-up period, the first skater will present the first jump, then the second jump, and then the third jump. The process will then be repeated for all subsequent skaters. Skaters must wait for the Announcer to give the signal to begin.

Groups will be divided according to Free Skate Test Level
Girls and Boys will be grouped separately.

EVENT	REQUIREMENTS	DESCRIPTION
Intermediate	Intermediate Free Skate	Axel, Double Loop Double Flip Double/Double Combination
Juvenile	Juvenile Free Skate	Axel Double Toe Double/Loop Combination
Pre-Juvenile	Pre-Juvenile Free Skate	Lutz Axel Any one of the following: Split Jump, Stag Jump, Falling Leaf
Preliminary	Preliminary Free Skate	Flip or Lutz Toe Loop Single/Loop Combination
Pre-Preliminary	Pre-Preliminary Free Skate	Toe Loop Salchow Single/Single Combination (no Axel)
Beginner	No Test	Salchow Single/Single Combination (no Axel)

SHOWCASE

Showcase is a form of skating in which the skater will be judged on the overall performance. Eligibility rules of the corresponding free skate level will apply to all Showcase events. Lengths of all showcase programs must be within 1.5 to 2.5 minutes. Competitors will be judged on the following categories: technical merit, costume, music interpretation, choreography, and audience appeal. Skaters may only enter one showcase event. Costumes and props must be appropriate and should not cause danger to the skater if placed on the ice.

Groups will be divided according to Free Skate Test Level
Boys and Girls may be grouped together.

COUPLE DANCE

**Female-Male Couple – Governed by rules for Compulsory Dances Drawn for 2009-2010
in the 2010 Official U.S. Figure Skating Rulebook**

EVENT	TEST and AGE REQUIREMENTS	DANCE (# of sequences)
Senior *	Refer to 4300	Ravensburger Waltz (2) Finnstep (2)
Junior *	Refer to 4400	Quickstep (4) Blues (3)
Novice *	Refer to 4410	Blues (3) American Waltz (3) Paso Doble (3)
Intermediate *	Refer to 4420 Under 18 years of age as of September 1, 2010	Fourteenstep (4) Rocker Foxtrot (4) American Waltz (2)
Open Intermediate	Refer to 4420 18 years of age or older as of September 1, 2010	Fourteenstep (4) Rocker Foxtrot (4) American Waltz (2)
Juvenile *	Refer to 4430 Under 16 years of age as of September 1, 2010	Fiesta Tango (3) Willow Waltz (3) Ten Fox (3)
Open Juvenile	Refer to 4430 16 years of age or older as of September 1, 2010	Fiesta Tango (3) Willow Waltz (3) Ten Fox (3)
Pre-Juvenile	Refer to 4440 Under 14 years of age as of September 1, 2010	Rhythm Blues (3) Canasta Tango (3) Cha Cha (3)

* ISU JUDGING SYSTEM

SOLO DANCE

Open to both Females and Males

EVENT	REQUIREMENTS	DANCES
Gold	None	Argentine Tango (2)
Pre-Gold	No Gold Free Dance	Kilian (6)
Silver	Not more than 2 Pre-Golds	Silver Tango (2)
Pre-Silver	Not more than 1 Silver	Foxtrot (4)
Bronze	Not more than 3 Bronzes	Ten Fox (3)
Pre-Bronze	Not more than 3 Pre-Bronzes	Hickory Hoe-Down (3)
Preliminary	Not more than 3 Preliminaries	Canasta Tango (3)

PAIRS FREE SKATE
Governed by rules in The 2010 Official U.S. Figure Skating Rulebook

All program times listed are +/- 10 seconds

EVENT	REQUIREMENTS	PROGRAM TIME
Senior * 2010-2011 requirements	Senior Pair Test Rule 4040, 4042	4:30 minutes
Junior * 2010-2011 requirements	Junior Pair Test Rule 4050, 4052	4:00 minutes
Novice * 2010-2011 requirements	Novice Pair Test Rule 4060, 4062	3:30 minutes
Intermediate *	Intermediate Pair Test Rule 4070, 4071	3:00 minutes
Open Intermediate	Rule 4070, 4071 18 years of age or older as of September 1, 2010	3:00 minutes
Juvenile *	Juvenile Pair Test Rule 4080, 4081	2:30 minutes
Pre-Juvenile Pairs	Pre-Juvenile Pair Test Rule 4090, 4091	2:00 minutes

* ISU JUDGING SYSTEM

PAIRS SHORT PROGRAM
Governed by rules in The 2010 Official U.S. Figure Skating Rulebook

All program times listed are +/- 10 seconds

EVENT	TEST and AGE REQUIREMENTS	PROGRAM TIME
Senior Short Program * 2010-2011 requirements	Senior Pair Test Rule 4040, 4041	Not to exceed 2:50 minutes
Junior Short Program * 2010-2011 requirements	Junior Pair Test Rule 4050, 4051	Not to exceed 2:50 minutes
Novice Short Program * 2010-2011 requirements	Novice Pair Test Rule 4060, 4061	Not to exceed 2:50 minutes

* ISU JUDGING SYSTEM

ADULT FREE SKATE

Adult Events are open only to competitors who are at least twenty-one (21) years of age or older at close of entries.
Please refer to the 2010 Rulebook # 3292 for age categories which will apply wherever possible.

EVENT	REQUIREMENTS	PROGRAM TIME
Masters Senior	Rule 3750, page 286	Not to exceed 3:40 minutes
Masters Junior	Rule 3760, page 287	Not to exceed 3:40 minutes
Masters Novice	Rule 3770, page 287	Not to exceed 3:10 minutes
Masters Intermediate	Rule 3775, page 288	Not to exceed 3:10 minutes
Adult Gold	Rule 3780, page 289	Not to exceed 2:40 minutes
Adult Silver B	Adult Silver Free Skate, Pre-Juvenile or Juvenile Free Skate Axel, No Double Jumps Rule 3790, page 290	Not to exceed 2:10 minutes
Adult Silver A	Adult Silver Free Skate, Pre-Juvenile or Juvenile Free Skate No Axels, No Double Jumps Rule 3790, page 290	Not to exceed 2:10 minutes
Adult Bronze	Adult Bronze Free Skate, Preliminary Free Skate Rule 3800, page 291	Not to exceed 1:50 minutes
Adult Pre-Bronze	Adult Pre-Bronze Free Skate, Pre-Preliminary Free Skate Rule 3805, page 291	Not to exceed 1:40 minutes

ADULT INTERPRETIVE FREE SKATE

No props may be used on the ice.

Use of skating skills to develop a theme and interpret music, and effectiveness of the costumes will be reflected in the marking.
Age Categories (see 2010 Rulebook, 3292) will apply wherever possible.

EVENT	REQUIREMENTS	DURATION OF MUSIC	DESCRIPTION
Masters Interpretive	Rule 3810, page 292	Not to exceed 1:40 minutes	Single jumps only (no Axel)
Adult Interpretive	Rule 3820, page 292	Not to exceed 1:40 minutes	Single jumps only (no Axel)

ADULT DANCE

EVENT	TEST and AGE REQUIREMENTS	DANCE (# of sequences)
Adult Gold Dance	Rule 4470	Paso Doble (3) Westminster Waltz (2)
Adult Pre-Gold	Rule 4480	Rocker Foxtrot (4) Kilian (6)
Adult Silver	Rule 4490	Foxtrot (4) Tango (2)
Adult Pre-Silver	Rule 4495	Willow Waltz (3) Foxtrot (4)
Adult Bronze	Rule 4500	Cha Cha (3) Ten Fox (3)
Adult Pre-Bronze	Rule 4505	Dutch Waltz (3) Cha Cha (3)
Centennial Dance	Rule 4510	Fourteenstep (4) Rocker Foxtrot (4)

2010 SOUTHERN CONNECTICUT OPEN ENTRY FORM

LAST NAME _____ FIRST NAME _____ SEX: M ___ F ___

DID YOU COMPETE AT THE 2009 DARIEN OPEN? Yes ___ No ___ BIRTHDATE: Month ___ Day ___ Year ___ Age ___

STREET ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

E-MAIL ADDRESS (please print) _____ TELEPHONE NUMBER WITH AREA CODE _____

USFSA NO. _____ HOME CLUB _____

PROFESSIONAL'S NAME (For Journal Listing/Entry Pass) _____ PROFESSIONAL'S E-MAIL ADDRESS _____

HIGHEST TEST PASSED (As of March 19, 2010): FREESTYLE _____ MOVES IN THE FIELD _____ DANCE _____ PAIRS _____

Partner's Name: _____ USFSA No. _____

WELL-BALANCED FREESKATE \$90.00
Juvenile
Intermediate
Novice
Junior
Senior

SPIN CHALLENGE \$30.00
Beginner
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Intermediate

SOLO DANCE \$60.00
Preliminary
Pre-Bronze
Bronze
Pre-Silver
Silver
Pre-Gold
Gold

ADULT FREESKATE \$80.00
Masters Senior
Masters Junior
Masters Novice
Masters Intermediate
Adult Gold
Adult Silver B
Adult Silver A
Adult Bronze
Adult Pre-Bronze

SHORT PROGRAM \$85.00
Intermediate
Novice
Junior
Senior

JUMP CHALLENGE \$30.00
Beginner
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Intermediate

COUPLE DANCE \$60.00/skater
Pre-Juvenile
Open Juvenile
Juvenile
Open Intermediate
Intermediate
Novice
Junior
Senior

ADULT INTERPRETIVE \$75.00
Adult Interpretive
Masters Interpretive

WELL-BALANCED FREESKATE \$80.00
No Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Open Juvenile

SHOWCASE \$75.00
Beginner
Pre-Preliminary
Preliminary
Pre-Juvenile / Juvenile
Intermediate / Novice
Junior / Senior

ADULT DANCE \$60.00 per skater
Adult Pre-Bronze
Adult Bronze
Adult Pre-Silver
Adult Silver
Adult Pre-Gold
Adult Gold
Adult Centennial

COMPULSORY MOVES \$40.00
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile

COMPETITIVE TEST TRACK \$75.00
Limited Beginner
Beginner
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Intermediate
Novice
Junior
Senior

PAIRS FREESKATE \$60.00 per skater
Pre-Juvenile
Juvenile
Open Intermediate
Intermediate
Novice
Junior
Senior

PAIRS SHORT \$60.00 per skater
Novice
Junior
Senior

TOTAL ENTRY FEE	\$
Late Charge / Surcharge for Incorrect Entry Level	\$30.00 (if applicable)
"Good Luck Star" for skater A Good Luck Star is a star with the skater's name that will appear in our Program Journal	\$10.00 per star
Journal Photograph (if submitted)	\$25.00
TOTAL AMOUNT ENCLOSED	\$

Check or money order should be made payable to
SKATING CLUB OF SOUTHERN CONNECTICUT
Mail to: Helaine Walker, Post Office Box 573, Wilton, CT 06897

MUST BE POSTMARKED BY MARCH 18, 2010

Express Mail will be accepted only if Signature Requirement is waived

**PLEASE READ CAREFULLY
ALL SIGNATURES ARE REQUIRED**

SKATER'S NAME: _____

CERTIFICATE OF ELIGIBILITY: I certify that _____
is a member in good standing of this club and is eligible to skate in the specified events.

NAME OF CLUB OFFICIAL _____ **TITLE** _____
Please Print

CLUB OFFICIAL SIGNATURE _____ **DATE** _____

NAME OF CLUB _____

COACHES: All coaches must be registered with U.S. Figure Skating in accordance with U.S. Figure Skating Rule 3030. Coaches who are not properly registered, will NOT be allowed in the coaching area or at the boards to coach skaters at the competition or during practice ice. In addition, they will NOT be credentialed as a coach.

The 2009-10 Coaches Registry (www.usfsa.org) will be checked on a regular basis.

This skater has entered the appropriate event according to his/her test level.

NAME OF PROFESSIONAL _____
Please Print

PROFESSIONAL'S SIGNATURE _____ **DATE** _____

PROFESSIONAL'S e-mail address _____

ACCIDENTS AND LIABILITY: In case of accident, I agree to adhere to U.S. Figure Skating Rule 3222 with respect to injury, risk or accident accruing or connected with participation in this competition.

SIGNATURE _____ **DATE** _____
(Skater or parent/guardian signature if skater is under 18 years of age)

The Local Organizing Committee reserves the right to limit entries and combine categories.

It also reserves the right to cancel any category with less than two entries and return entry fees.

FOR FASTEST RESPONSE – DIRECT ALL INQUIRIES TO Helaine.Walker@skatescsc.com

